Thursday

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Are the World's Most Stunning Shells Too Beautiful for Their Own Good?

By Sarah Kaplan
The Washington Post

"B"efore you do anything else," curator Chris Meyer said the minute I arrived at the National Museum of Natural History’s Invertebrate Zoology collection, "you have to vote for beauty." He led me through a maze of cabinets to a counter laid out with a wire bingo cage and dozens of cowrie shells. Meyer instructed me to spin the cage five times and read out the numbers that appeared, then handed me a box containing the five corresponding shells.

Nestled in their box, the cowries reminded me of a child’s marble collection. Each oblong shell had the same basic shape: a rounded, impossibly smooth top and a flat bottom with a slit-like opening in the center. The smallest was no bigger than my thumbnail, with green and brown speckles dotting its slick surface. The largest was as

Colleges Turn 'Fake News' Epidemic into a Teachable Moment

By Kitson Jazynka
Special To The Washington Post

O

n an unusually warm Tuesday in February, students settle in to a classroom at George Mason University in Fairfax, Virginia, for their Comm 203 class. Professor Beth Jannery, director of the school’s journalism program, asks students about current events they’ve been following. What have they researched about stories they have read or seen or heard? What stories seemed accurate and balanced? What stories might have misled them or omitted important information?

Tisha Herrera, a sophomore at the back of the classroom, raises her hand and says she saw an online article about the assassination of President Donald Trump. It included a photo of an assassin being carried off with a knife. But when Herrera searched out other sources to confirm the story, she says, she realized she had been fooled by fictionalized news.

"Students nod and murmur in response. Dique Moja, a junior, mentions the television interview in which Kellyanne Conway, counselor to the president, referred to a massacre that never happened and later said she had misspoken. That, Moja says, made her wonder if Conway’s choice of words during the interview was a mistake or a deliberate attempt to spread misinformation.

"Fake news existed long before the 2016 presidential race, in which falsehoods and conspiracy theories played major roles. But "this election has set off alarm bells," says Howard Schneider, executive director of FAKE NEWS PAGE 7

As A Vote on Entering WWI Approached, the Only Woman in Congress Faced Agonizing Choice

By Will Englund
The Washington Post

J
neantte Rankin had been weighing on and off for three days. By April 6, 1917, she had no tears left.

"The pressure on her was enormous. She was the first woman to be elected to Congress — to any national legislature in the world, in fact — and she had taken her seat just four days earlier on April 2. That same day, President Woodrow Wilson had asked for a declaration of war against Germany. He wanted America to join the Great War in Europe. The world," he said, "must be made safe for democracy."

Yet the war had become the great question of early 1917. Back home in Montana, there was considerable opposition to getting in. Westerners were afraid they were being asked to bail out Wall Street, which had invested heavily in the British and French. Rankin received a torrent of letters and telegrams asking her to oppose the war. And she understood full well that she represented more than Montana; in a sense she stood in for all American
Prattsburgh Rotary’s Student of the Month

Abbey Kennard, a senior at Prattsburgh Central School, has been named the Prattsburgh Rotary Student of the Month for February. (Photo provided)

Kennard is a senior who is very involved in extra-curricular activities, including soccer, basketball, softball, track, National Honor Society, Academic All-Stars, Drama Club, Band and Chorus. She has also been a 5th and 6th grade basketball coach, and a mentor for Special Olympics.

Kennard volunteers quite a bit of time to her church’s events and activities, and service to the Prattsburgh fire department. She is a team captain for sports and a positive role model for others, and will always go the extra mile to help people less fortunate than herself.

Abbey is the daughter of Boone and Cassie Kennard.

Honeoye Lake Rotary Exchange Student

Laura Annen, an exchange student from the Netherlands, recently shared a presentation on her country for the Honeoye Lake Rotary Club. (Photo provided)

Honeoye Lake Rotary Club celebrates their 50th anniversary this coming year as they continue to grow in members and commitment to the Honeoye community. Rotary International’s motto of “Service Above Self” has been their long-standing creed.

Over the years, Rotary has sponsored in-bound and out-bound exchange students from many different countries. It remains one of the safest, well-organized and monitored exchange programs available for international students. Through the years, Rotarians and community members have opened their homes to these students, and have confidently sent their children to other countries.

This year, Rotary has hosted Laura Annen, an exchange student from the Netherlands who has been with families selected by the club since she arrived last August. She will be in the Honeoye community until she returns this summer, graduating from Honeoye Central School with the senior class. Upon her return to her country, she will attend college.

At a recent Rotary meeting, Laura shared with
Habitat Continues Work in Dundee

Article Submitted

With spring in the air, the Habitat for Humanity volunteers are working in earnest to complete the home in Dundee at 67 Union St. As partners with Habitat, Erica Campbell and Jeremy Smith, with their family, work side by side with the Habitat volunteers while working towards home ownership. The inside work is progressing nicely as the interior painting is nearly completed and flooring is being laid. The kitchen is taking shape with cupboards now in place. Hopefully the outside landscaping can begin in the next few weeks.

Yates County Habitat for Humanity meets the first Wednesday of each month at the First Baptist Church of Penn Yan beginning at 7:00 pm. Work days at the site are Wednesdays and Saturdays. For more information contact Fred Geyer at 315 536-7183.

The Bath ALR Donates to Tyrtle Beach

Article Submitted

A donation was made by the Bath American Legion Riders (ALR) during the Tyrtle Beach kick-off party held April 3rd at the Charles E. Wescott American Legion Post 173 in Bath. The party marks several weeks of fundraising “pledges and events. All of the funds raised go toward area youth programs. Tony Ritter, president of the Bath ALR, said, “The youth of today are our leaders of tomorrow. That’s why it is so important to invest in their future now. As Legion Riders, we are committed to serving our community and those who have served and are still serving our country, both here on our own soil and abroad.”

Heroin Epidemic Forum to be Held at FLCC

Article Submitted

The Substance Abuse Prevention Coalition of Ontario County, an initiative of the Partnership for Ontario County, is hosting their next community forum on the heroin epidemic. As drug overdose deaths rise throughout the region, they invite you to learn more about how to assist the communities to address and prevent this epidemic from spreading. Jim Wesley will be joining them.

Mr. Wesley was an unwavering advocate for Second Amendments rights and the presentation of this book to the library is a fitting tribute to his memory.

Jeremy Smith (left) and Fred Geyer, president of VCHF. (Photo provided)

SCOPE Steuben County Chapter Chairman Douglas Mitchell (left), and Justin Zeh, Avoca Free Library Director. (Photo provided)

Avoca Library Receives Donation In Memory Of Bud Longwell

Article Submitted

The Avoca Free Library is pleased to announce a recent donation in memory of Harold “Bud” Longwell from the Shooters Committee on Political Education (SCOPE). The Steuben County Chapter of SCOPE, represented by Douglas Mitchell, has presented the library with a copy of “The War on Guns: Arming Yourself against Gun Control Lies” by John R. Lott Jr., Ph.D. Offering a rational debate on guns, John Lott provides data, statistics, practical, legal and moral arguments in support of the natural right to self-defense.

Mr. Longwell was an unwavering advocate for Second Amendments rights and the presentation of this book to the library is a fitting tribute to his memory.
Donald B. Hungerford

Avon, NY – Donald B. Hungerford, 75, passed away on April 5, 2017, at the Canandaigua VA Medical Center. Don was born on February 14, 1942 in Rochester, NY to parents Robert and Caroline Hungerford. He graduated from Avon Central School in 1960 and then served his country in the US Army from 1960-1963. Don worked in maintenance at the Rotary Sunshine Camp in Rush, NY for 35 years. He was an avid hunter, fisherman and gardener.

Don is survived by his mother, Caroline Ruth Hungerford-Weden; brothers Robert (Terri) and Thomas (Laurie) Hungerford, and James (Sharon) Weden; 3 children, and several grandchildren, nieces, nephews, and cousins. He was predeceased by his wife, Beverly Hungerford; and his brother, Ronald “Sketer” Hungerford.

A graveside service with military honors will be held in the future, at a date and time to be announced, at Pleasant Valley Cemetery, York, NY. Memorial contributions may be made to the American Diabetes Association, 160 Allens Creek Road, Rochester, NY 14618. Arrangements were with Kevin W. Dougherty Funeral Home Inc. To send a condolence or for further information please visit www.doughertyfuneralhomes.com.

Charles P. Dempsey

Avon, NY – Charles P. Dempsey, 47, passed away unexpectedly on April 5, 2017. Chuck was born on January 9, 1970 in Rochester. He was a Quality Assurance Engineer who had the opportunity to work at various companies around Rochester such as Kodak, Xerox, and most recently Soly Technologies Inc. Chuck had a great work ethic and took pride in what he did and the projects that he worked on. Chuck was a very personable guy and always enjoyed a good laugh. In Chuck’s spare time, he enjoyed hunting, cooking, wood-working and watching the Steelers. Chuck was also very proud of his children and everything that they were involved in.

Chuck and his loving wife, Stephanie, were together for 30 years, ever since the day they met working at Seabreeze Amusement Park together.

Dana Volz

Avon, NY – William J. Volz, 87, passed away on March 29, 2017 at Geneva General Hospital. William was born on November 16, 1929 on Long Island, the son of the late William and Ida (Gasser) Volz. He retired from NYSEG after over 20 years of service. He and his late wife Nellie were avid square dancers and members of the Friendship Squares. They also enjoyed walking and traveling around the country. Bill was most interested in railroadroading and enjoyed building model trains. He had an extensive train layout in his basement in Penn Yan in which he spent countless hours with his grandchildren. His interests also included reading, which he spent many hours doing.

Bill is survived by his children, Judi (James) Willing, Barbara (Cor- nelius Jc) Jensen, and Edward (Pa- tricia) and William (Dorothy) Volz; grandchildren Amie, Clifford (Katie), Courtney, and Myles Volz, Shelby (Tim) Alderman, Shane and Emma Willing, and Tessa and Jacob Moore; great-grandchildren Lucas, Delilah, and Eliott; and several cousins. In addition to his parents, Bill was predeceased by his loving wife of 57 years, Nellie S. Volz. A Mass of Christian Burial was held on April 4th at St. Patrick’s Church, Prattsburgh, NY. Burial was set for St. Patrick’s Cemetery. In lieu of flowers, memorial donations may be made in Bill’s memory to St. Michael’s School, 214 Kreuka St., Penn Yan, NY 14457; or to Ontario-Yates Hospice, 756 Preemption Rd., Geneva, NY 14456. Arrangements were with Townsend-Wood Funeral Chapel.

Canandaigua, NY – Carolyn Louise O’Connor

Canandaigua, NY - Carolyn Louise O’Connor, 85, passed away on March 31, 2017 at Thompson Hospital. Lynn was born in Auburn on March 14, 1932 to the late Robert W. and Amelia (Runkel) Knight. She was a graduate of Mynderse Academy (Class of 1950) and received her Bachelor’s degree in Music Education from SUNY Pots- dam in 1954 and later her Masters in Music Education from SUNY Oswe- go. She taught in Phoenix, NY, Cam- pesa School at SUNY Geneseo and the Canandaigua City School District.

She is survived by her daughter, Barbara (Steve) LaCrosse; grandsons Thomas and Daniel LaCrosse; sister Jane Sturgis; brother James (Sandi) Knight; her in-laws Helen (Alta) Viola, Jim (Duane) O’Connor and Ginny Mosgruber; and many nieces and nephews. She was predeceased by her husband, Thomas J. O’Connor.

A graveside service will be held in Woodlawn Cemetery at a later date. Arrangements are with Fuller Funeral Home, Inc., Canandaigua. To share a memory or to express condolences on line please visit www.fullerfh.com.

DANSVILLE, NY

Garrj J. Frederksen

Dansville, NY - Garrj J. Frederksen, 80, passed away peacefully on April 5, 2017 at the Vincent House in Way- land surrounded by her family. She was born in Wellsville on August 13, 1936, a daughter of the late Kenneth and Margaret (Kear) Buckholz. Garrj was a past member of the Dans- sville Presbyterian Church, and the Women of the Moose. She enjoyed reading, knitting, crocheting, cooking, visiting flea markets, spending time outside, and most importantly her time with her family and grand- children.

She is survived by her children, Jacqueline (Dana) Rogers Neu, Betty (Cody) Capozzi, Cyndi Gardiner, and Bill (Melanie) and Laurie (Kim- berly) Howe; grandchildren Gary and Jonathan Rogers, and Renee, Joshua, Ryan, and Billy Howe; 7 great-grand- children, and several nieces and nephews. Besides her parents, she was predeceased by her first husband, William Howe Sr.; her second hus- band, Niels Frederksen, sister Linda (Richard) Garber; and son-in-law David Rogers.

Funeral service were held April 11th at St. Paul’s Lutheran Church, Dansville. Interment will be held at a later date in Greenwood Cemetery Dansville. In lieu of flowers, memo- rial donations may be made to the Vincent House 310 Second Ave. Way- land, NY 14895. Arrangements were with Hindle Funeral Home, Dans- ville. Online remembrances may be left at HindleFuneralHome.com.

DANSVILLE, NY - Walter Earl Vogel, 95, passed away peacefully March 30, 2017 at the Livingston County Center for Nursing and Rehabilitation in Mt. Morris. He was born in the town of Wayland, on September 13, 1921, a son of the late Earl E. and Ida Marga- ret (Eichorn) Vogel.

Walter lived a full life volunteer- ing his time to help others. He was a builder with Habitat for Humanity for 6 years, and a Volunteer Nurse at Sonyea State Prison for 16 years. Walter was a farmer and a 1st class midwight at Foster Wheeler Corp. in Dansville. He was very involved at St. Paul’s Lutheran Church serving on the Church Council, Parishon Com- mittee, and as the Elevette Oper- ator. He was a hardworking man who loved wood working, built two homes in 6 months and traveled to ev- ery state except New Jersey, Delaware, and Alaska. Walter was also a 50 year member of the Dansville Grange.

On August 31, 1946 he married Betty Eliston who survives.

In addition to his loving wife of 70 years Betty, he is survived by his chil- dren, John (Jo Ann) and Theodore (Colleen) Vogel, and Susan (Rich- ard) Jackman; brother Charles (Shir- ley) Vogel; 6 grandchildren, 4 great- grandchildren, and several nieces and nephews. Besides his parents, he was predeceased by a daughter-in-law Pamela Vogel, and a grandson Brett Jackman.

Funeral services were held April 4th at St. Paul’s Lutheran Church, Dans- ville. Interment will be held at a later date in Greenmount Cemetery Dans- ville. Arrangements were with Hindle Funeral Home, Dansville. Online remem- brances may be left at HindleFun- eralHome.com.
Virginia Fifth-Graders Donate Goods to Peers in Caribbean

By Moriah Balingit
The Washington Post

A lan Dia, a fifth-grader at Rosa Parks Elementary in Wood-
holbrook, Virginia, loves bas-
ketball shoes. On a recent school day, he sported a new pair of Air Jordans.

His classmate John Weatherman wore a pair of Nike M3Ks.

Alan, John and another classmate, Jamauri Thomas, love sneakers so much that they decided to study them, making footwear the subject of a lengthy project they did for the school’s International Baccalaureate program.

And when they learned that some children go barefoot because their families have no money for shoes — let alone brand-new Nikes — they were moved to action.

“Not everyone can afford shoes,” John said. “But some people can, and other people will need them.”

Hauryski Proclaims Child Abuse Prevention Month

In late March, Joseph J. Hauryski, Chairman of the Steuben County Legislature, on behalf of the members of this Legislature, has proclaimed the month of April 2017 as Child Abuse Prevention Month in Steuben County and is calling upon all citizens, community agencies, religious organizations, media facilities and businesses to increase their participation in efforts to support families, thereby preventing child abuse and neglect, thereby strengthening the communities in which we live.

“All children have the right to be raised in a safe and secure environment that prepares them for a future of opportunity and promise,” said Hauryski in his proclamation. “Tragically throughout Steuben County child abuse and neglect threaten the lives and health of children who are subjected to verbal, sexual, emotional and physical abuse, exploitation and neglect.”

The effects of child abuse are felt by whole communities and it vitally important that the needs resulting from child abuse and neglect are addressed by the entire community.

Child abuse and neglect not only directly harm children, but also increases the likelihood of long-term physical, emotional, and mental health problems, alcohol and substance abuse disorders, continued family violence and criminal behavior.

Effective Child Abuse Prevention programs succeed because of partnerships created among social service agencies, schools, religious organizations, law enforcement agencies and the business community. All citizens should become more aware of child abuse and its prevention within the community, and become involved in supporting parents to raise their children in a safe, nurturing environment.

Hauryski is calling upon all citizens, community agencies, religious organizations, media facilities and businesses to increase their participation in efforts to support families, thereby preventing child abuse and neglect, thereby strengthening the communities in which we live.

The free event will feature the presentation “Rest for the Weary” by Richard Russell, executive director of Faith in Action Steuben County.

Russell’s interactive presentation will focus on the REST program, which offers information and training for the respite caregiver.

“My caregivers are reluctant to take a break or ask for help, out of a deep sense of duty to their loved one,” said Kathy Burns, Special Projects Coordinator. “It’s admirable, but it gets to be dangerous when the caregiver’s mental and physical health starts to spiral down. So much attention is given to the person who needs the care, that the caregiver is often neglected. And family, friends, or volunteers may want to help, but don’t feel qualified to give adequate care. That is why the REST training program is so valuable to all.”

The workshop also will include a panel of community staff representing the Institute of Human Services Volunteer Transporter.

For more information and to make reservations, call the county Office for Aging, (607) 664-2298 by April 19th.
Brain Cancer Survival Improves with Novel Electrical Device, Data Suggest

By Laurie Mcgineley
The Washington Post

A wearable medical device that delivers electrical fields through the scalp helped to extend the survival of patients with lethal brain tumors, according to data presented April 2nd.

In a study involving major medical centers in the United States and abroad, the novel treatment was used to administer alternating, low-intensity "tumor-treating fields" to newly diagnosed glioblastoma patients who also were getting chemotherapy. Such electrical fields may block the division of cancer cells and cause their demise, according to Roger Stupp, the study’s lead investigator and a neuro- oncologist at the Northwestern University Feinberg School of Medicine.

Stupp, who has worked on the device for several years, acknowledged that it has prompted considerable skepticism from some experts in the field. Although the new data have not yet been peer-reviewed, he said he believes the results “firmly establish the survival benefit.”

The study, presented at the annual meeting of the American Association for Cancer Research in Washington, D.C., involved 695 adult patients who were enrolled in the trial. But he predicted that “the improvements are incremental, not curative.”

He said that only 5 percent to 10 percent of his patients have opted to use the device. One reason is that it is “impossible to hide: ‘For some patients, they’ll say, ‘I’m proud to display that I’m fighting this cancer.’ But others say, ‘I don’t want anyone to know my business, I’d prefer to get an IV or a pill and be private.’”

At $21,000 a month, it’s also costly. Standard Medicare doesn’t cover it, and some other insurers are balking, as well. Novocure’s vice president for financial and investor relations, Ashley Cordova, said the company has financial assistance programs in an effort to ensure that everyone pre-scribed the device can get it.


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worry about money. Half think they’d be more productive at work if they weren’t stressed about the financial aspects of retiring.

• Only 60 percent say they’ve saved for retirement. Forty percent have tried to work out the numbers and even fewer have tried to calculate their expected Social Security benefit and likely monthly financial needs or expenses. Less than 23 percent have spoken to a financial adviser, and only 10 percent have a plan. The number of people who are confident about having a comfortable retirement is lower than last year.

• Only 37 percent are confident that Social Security will continue to provide benefits, and the same num-ber have low confidence that Medi-care’s current levels will continue.

According to the survey, 80 percent of those who have already retired are more confident about having a com-fortable retirement. Per a government pamphlet (“Top 10 Ways to Prepare for Retirement”), you’ll need between 70 percent and 90 percent of your pre-retirement income to maintain your current lifestyle.

If you’re stressed about the finan-cial aspects of retirement, knowing is better than guessing about how you might fare. A financial planner can look at the figures and tell you the facts. If nothing else, call Social Se-curity to ask about your likely future benefits (1-800-772-1213).

To view the study, go online to ebri.org and look for the 2017 Retirement Confidence Survey. It’s an eye-open-er.
Increasing Awareness for Breast and Prostate Cancer

Article Submitted

The NYS Breast and Prostate Peer Education Project at St. James Mercy Hospital in Hornell is part of a state-wide effort to increase rates of breast cancer screening by helping women understand the importance of breast cancer screening and to help them access screening. This initiative, supported with funds from Health Research, Inc. and the New York State Department of Health, also is focused on educating hundreds of men about the risks associated with prostate cancer.

While NYS is increasing women’s access to mammogram facilities across the state, local community peer outreach efforts are helping women 50 to 74 years of age understand the importance of regular breast cancer screening as well as informing men 50 and older of their risks regarding prostate cancer.

Breast cancer is the most common cancer among women in New York and the risk increases as women age. It is also the second leading cause of cancer-related death in New York women — responsible for almost 15,000 diagnoses and over 2,600 deaths each year.

A top priority in the fight against breast cancer is to achieve earlier detection by getting more women screened, because it can reduce mortality and increase the likelihood of identifying cancer at an early stage, when treatment is more successful. Excluding skin cancer, prostate cancer is the most common cancer among men in New York State — each year, almost 15,000 men are diagnosed with prostate cancer and about 1,700 die of the disease.

The NYS Breast and Prostate Peer Education Project’s Peer Educator, Sue Dunn, is seeking opportunities to speak to community groups as well as individuals about breast cancer screening and prostate health. Her goal is to help women access mammograms and encourage men to speak to their health care provider regarding prostate health. Please contact Sue at: 604-324-8611 or sue.dunn@sjmh.org to find out more about the project or to schedule an education session.

Group Launches for Those Seeking Plant-Based Diet

Article Submitted

U niversity Medicine’s Thompson Health is launching the Leaf Lifestyle Support Group for those interested in pursuing a whole foods/plant-based lifestyle.

The purpose of the group is to:

• Surround yourself with people who understand and support your goals since this directly increases your chances of long-term success
• Help each other through sharing of knowledge and experiences
• Offer resources, information and literature

The group’s first meeting will be Tuesday, April 11th, from 6 to 7 p.m. in the ground-floor conference rooms of the Constellation for Health and Healing at Thompson Hospital, 350 Persich St. in Canandaigua.

No RSVP is required for meetings of this group, facilitated by Thompson’s Linda Rowick, RD, CD-N. Please call (585) 396-6285 with any questions.

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VA Regulations

Let Bad Apples Linger

• A recent press release details the Department of Veterans Affairs’ difficulty in firing an employee for misconduct, saying it will take 30 days to get rid of him. The employee in question was removed from patient care, but he’s still there, pulling in a paycheck.

• The steps to dismiss an employee generally have taken 270 days. There has to be 30 days advance written notice — after multiple other steps are first taken to gather evidence.

• Then there are replies, and appeals, and a long period during which the disciplinary board takes it all under advisement, and more replies and appeals, while the employee is still getting paid.

It could be worse — and it is. Take the case of the surgical nurse who showed up for work drunk, and then operated on a veteran. It will take nine months to get him out of there, at a minimum. Extensions can increase that time. He was charged with reckless endangerment, being drunk in public and driving drunk after spending time at a casino, but the VA can’t quickly fire him.

Now the VA is working with Congress to speed legislation that would cut the time needed to get wayward employees off the rolls. The VA Accountability First Act will give the VA secretary the power to expedite a firing. Still, there’s the required advance notice, the response time, the appeal, a final ruling — and those all add up.

Another bill, H.R. 27, signed off by the House and handed to the Senate, has a hope-inspiring title, “Ensuring VA Employee Accountability Act.” The devil is in the details, though. All the act requires is that copies of reprimands and admonishments remain in the employee’s permanent record, yet it’s been sitting there since January.

By Nicole Coomber
Special To The Washington Post

I f you’re a woman, at some point you might have thought or been told that “women aren’t good negotiators.”

I’m here to dispel two myths: One, the idea that women are bad negotiators. Two, that simply by learning to negotiate better, women can eliminate the pay gap.

Women can be good negotiators

Three decades of research has consistently found that women perform worse than men do in negotiations. Generally, we categorize negotiation into two types: distributive and integrative bargaining. In distributive negotiations, two parties negotiate over a single issue, such as a price, and one party wins while the other one loses. In integrative bargaining, both sides compromise to find something that meets their needs and interests. Women typically perform worse in these types of negotiations.

In integrative bargaining, both sides can walk away from the table winning something that meets their needs and interests by working together to achieve a solution. Women still perform worse than men in laboratory experiments of these types of negotiations, although these situations may be more artificially competitive than real-life integrative negotiations given that they are conducted in staged settings.

Interestingly, when women negotiate on behalf of other people, they often perform better. For starters, negotiating on behalf of others fits the stereotype of women as selfless caregivers. Two, women often ask for more when negotiating on behalf of others because they feel they have less to lose. Although the commonly accepted wisdom in salary negotiations is that you should “always” ask for more, women can often lose political and social capital by appearing to be too “pushy.”

We can learn a few things from the research on negotiations. First, women can brush up on their communication and negotiation skills and learn to ask more. They still need to be aware of the “double bind” that hinges them; the tightrope they walk at work of not appearing too masculine nor too feminine still gives them few negotiating options than men have.

Second, women should view all conversations as negotiations. No matter the setting, whether it’s discussing with your child how to eat more vegetables or talking to a colleague about what roles to take on a new project, there is give and take. By educating yourself on the basic tenets of negotiation, you can put yourself ahead of the curve.

Salary negotiations are important, but more women are finding that when it comes to creating a life that honors their values, other factors are just as important to negotiate. The amount of time they spend in the office, where they work, and how they organize their days can be just as important.

A friend who works in a federal government job did just this when planning her first pregnancy. “I knew that I wanted to be able to be present with my child, and I didn’t think I could do that while working full time,” she said. So she did her research. For her, a supportive supervisor made a big difference. As soon as she started thinking about creating a different type of work arrangement, she went to her boss and began discussing possibilities. Being prepared by understanding clearly the policies and procedures for a part-time work arrangement was the key step to successfully negotiation for her.

Among professional women, there are many stories like this. They don’t often get shared because women can be worried about exposing their “special” circumstances or seeming privileged among family and friends. In some careers, women feel it would be taboo or hurt them professionally to take a longer leave of absence or to work part-time. Indeed, there are trade-offs. My friend revealed that she wanted to get a promotion, her current arrangement wouldn’t allow that to happen. For some women, part-time arrangements end up being part-time pay for full-time work, so the arrangement isn’t worth it.

While these stories seem like one-offs, more American workers are negotiating for flexible working arrangements, from working from home to part-time work or job-sharing arrangements. One challenge is when they become associated with just one gender. When women negotiate for time off for reasons of pregnancy and childcare, they are often really negotiating about how they are perceived in the workplace. Being seen as a mother first and a worker second places them at a disadvantage when it comes to promotions and plum assignments.

As more and more fathers also negotiate for flexible working arrangements, their experience, how hard they work and share with friends and family.

Salary negotiations are important, but more women are finding that when it comes to creating a life that honors their values, other factors are just as important to negotiate. The amount of time they spend in the office, where they work, and how they organize their days can be just as important.

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While these stories seem like one-offs, more American workers are negotiating for flexible working arrangements, from working from home to part-time work or job-sharing arrangements. One challenge is when they become associated with just one gender. When women negotiate for time off for reasons of pregnancy and childcare, they are often really negotiating about how they are perceived in the workplace. Being seen as a mother first and a worker second places them at a disadvantage when it comes to promotions and plum assignments. As more and more fathers also negotiate for flexible working conditions as they take on a larger share of parenting and household management, disassociating gender from flexible work may help women as well.

So guys, do us a favor and negotiate for some flex time as well!

The gender gap is real. But it’s not 79 cents on the dollar. You’ve probably seen the headlines. The gender wage gap will take another 170 years to close. Only 14 percent of executives are women. Education doesn’t solve the gender pay gap. The gender pay gap is narrowing in some fields but getting worse in others (academia is one where it’s getting worse. Yay for me.)

Then there is the other side. Women just need to ask for more money. Women choose lower paying work (this ignores that there is still a pay gap when you control for the industry and job category). Women choose to stay home when they have children (which they either should do or shouldn’t do, depending on the author of the story) and therefore they deserve less money.

The facts are that the gender gap is real. Yes, there are factors that make it worse. While much money men and women make based on factors such as choice of industry, time taken off for children, and level of the position. In fact, up to 50 percent of the wage gap — the one of “women make 79 cents on the dollar” — can be explained by factors under a woman’s control such as choice of field and occupation. For instance, many teachers have summers off and are not paid for the full year. Another 14 percent can be explained by women having a lower level of experience (perhaps due to taking time off for childcare).

However, there are some unexplained factors even when you control for all of those factors. In fields such as medical sciences, financial management and law, the pay gap remains significant. As more women enter predominately male fields, the pay gap shrinks little by little. By drawing attention to the issue and by supporting one another in the fight for equality — men and women — we can continue to move the needle in the right direction.

After all, everything we know about motivation tells us that by creating fair workplaces, we will motivate all employees. When employees feel that their inputs — their education, their experience, how hard they work and not their gender — dictate their outputs, motivation and engagement will rise for all employees regardless of gender. And as women continue to move into the workplace, more men are finding the joy of being more present on the home front. We’ve seen...
meaningful, balanced and accurate in this world filled with constant infor-

mation flow is a 21st-century survival skill for college students. [See tips be-

low.]

"Information affects our world-

views and how we see each other," Smith says. "We have to be able to dis-
tinguish what is true and what is not or we’re doomed.”

A 2016 study by the Stanford Gradu-

ate School of Education concluded 

that while young people today may be the first generation of digital natives, they struggle to differentiate between real and fake news. "They can use digital technology, but they have terrible skills at judging what information is reliable and what is not reliable," Schneider says. "And it’s becoming more and more danger-

ous."

Some college professors say the stereotypes of millennials as lazy or unwill-
ing to dig for information are unfair. "(Colle-

alns aren’t the only ones getting news through social media and that older 

consumers of media are also guilty of believing or sharing stories without 

proper vetting," said Katherine Fry, a professor of media studies and chair of Brookly-

n College’s Department of Radio and Tele-

vision, believes that the sagscapoing of millennials relates to cultural anxi-

ety that comes with change. "This fake-news moment that we’re living in right now is just the latest 

incarnation of our fear of the digital environment as a culture," she says. "It’s not fair to be pointing to young people when it’s something we should all be concerned and mindful about. It’s much more complicated than most people think.

At George Mason, Janney encour-

ages her students. "Don’t Tell Me, 

Don’t Tell Me," is how her students often respond to anyone 

asking for information. This is the best kind of discomfort, Fry says. "I tell my students it’s important to try to be objective and try to be balanced, but it’s really critical that we recognize that nobody really ever is." In winter, Webster University’s Smith felt a sense of urgency as she looked at accuracy.

"As humans we’re subjective. We can’t help it," Share says. "I tell my students it’s important to try to be objective and try to be balanced, but it’s really critical that we recognize that nobody really ever is.”

In winter, Webster University’s Smith felt a sense of urgency as she 

planned for the upcoming semester. "One 

year spent two weeks focusing on 

news in her 16-week media literacy 
course, which encourages critical 
thinking about mass media and how it functions. But this semester, she will spend eight weeks on news literacy. One exercise in her class-

room involves picking apart Twitter posts — both tweets from verified 

users that contain made-up news and phony tweets published by impostors. "So many students are so 

ravenous for the truth that we may 

want this to be true but I know it’s not," Smith says. "What’s important is that they acknowledge that they bring their own biases and are will-
ing to learn past that and to check sources.

Smith also assigns her students to create fake news stories. The idea is that once they have crafted a piece of media like that, she says, they’ll never consume something like it in the same way. Tracing the ownership of media sources teaches another important lesson. Smith assigns each of the 60

students in the class a different media outlet — such as HBO, CNN or Peo-

ple magazine — and asks them to re-

search what company owns it. When students realize that she’s set them up with companies from the same company (in this case Time Warner), an ah moment occurs and students realize media is not free, she says. "Our eyeballs are the product being sold." Fry says understanding this ‘secret economics of media’ is especially important for college students who consider social media platforms such as Twitter, Facebook, Instagram and Snapchat to be divorced from eco-

nomic factors.

Since the 2016 elections, Fry has 

encouraged her students to consider an evolved definition of news, one that recognizes the spread of information on algorithm-
driven social media where clicks equal income for the publisher. She also points out that this new form of distribution, in which com-

ments and shares are the all owned by some companies, are receiving more exposure than others, has changed politics and 

political communications. "In the world of electronic and especially digital online, emotional responses are quick and immediate and so very impor-

tant," Fry says.

George Washington University’s film studies director, Kerric Harvey, 
says she and many of her colleagues are adding focus on the critical con-

sumption of media to whatever topic they teach.

Harvey has shown her students Hollywood films including “Wind-

talkers” and “The Last of the Mohi-

nese” to pick apart how Americans 
characterize themselves in film. This is “increasingly important in terms of understanding how the world sees us and how we see ourselves,” she says.

Later in the semester, Harvey will bring her students to New York City, the Middle East, Europe and Central and South America and ask them to analyze how those outside the United States portray Americans.

"There’s always a lot of animated and often emotional discussion in this class," Harvey says, when her stu-
dents see unpleasant or unexpected portrayals of Americans. This semes-
ter, she says her students — a political mix — are having stronger reactions than usual, which she says is in reac-
tion to the “constant and deep politi-
cal struggle going on right now about what it means to be American.”

"Our students are becoming much more comfortable, because real education begins with a combination of provision and disrup-
tion."

College librarians are also hard at work teaching the CRAAP test, American Library Association presi-
dent and the dean of library services at Austin Community College in Tex-
as, says she got her first “fake news” relevancy call on April 10. "We’re serving as a fellow librarian requesting guidance on addressing the issue. Over the past few months, her college’s library fac-

ulty has revamped tools, such as its

panel on media literacy. They are also building online tools for teaching news literacy skills and specific top-

ics such as interpreting science in the news and media ethics. …

When a rally against Trump’s first immigration ban popped up on cam-

puses in February, Janney canceled class and instructed her Comm 203 students to file a 500-word news story about the event. “She told us to make sure we talked not only to those opposing the ban but anyone who might be in favor of it,” says freshman Ke-

rsten Robinson. "Instead of sitting in a class, we got the opportunity to go out and practice journalism skills, like field reporting,” says Moja. The experience made her more aware of the power a journalist has to frame a story one way or an-
other by choosing what information or quotes end up in the final piece.

Moja says her generation has the tools and the brain power to be in-
formed citizens who demand truth. "It’s our responsibility as consumers of media to do further research and stay informed."

Schneider wonders, however, if that may be too late to learn. By the time 

students are 18 or 19, he says, they may have developed emotional at-

tachments and ideologies that make 

them vulnerable to the notion that their source is accept information that challenges their own belief systems in what he calls a ‘tsunami of informa-

FAKE NEWS PAGE 10
women, and would be setting a precedent for those women who would follow.

Eastern leaders of the suffrage movement looked at her warily. She was an upstart, independent, strong-willed. Carrie Chapman Catt, head of the most important suffrage organization, the National Woman's Party, sent the womanhood of the country, "You are our hope when the man's conscience. It would be a tragedy, she said.

The Senate passed the war resolution on April 4, with six votes against. The House took up the measure the following day. The clerk went through the roll call. "Miss Rankin," he called out twice.

"She stood, clasped the back of the seat in front of her — I want to stand by my country — but I cannot vote for war," she said. Does that, the clerk asked, mean no? She nodded, dried, eyed, and sat down.

Rankin was one of 50 members who voted against war, but hers was the vote everyone remembered. Catt was furious. It ruined Rankin's chances of reelection in 1918.

Women finally got the vote nationally in 1920. Rankin worked for peace throughout the 1920s and 1930s, and then won a second term to Congress in 1940. On Dec. 8, 1941, she was the only woman to vote against war with Japan. She later said she regretted neither vote.

In 1968, she led a women's march on Washington to protest the war in Vietnam. Her followers called themselves the Jeannette Rankin Brigade.

The following actions, gleaned from experts in the field of media and news literacy, can help you weed out fake, inaccurate or biased news:

- Go out of your way to confirm whether you're reading, watching or hearing a news piece or an opinion piece.
- Investigate the authority of the author or publisher responsible for what you're reading. What was their intention? Who profited from publication of the information? Who was
- Seek out opposing points of view and be open to information that challenges your own biases.

For more information, please email it to eaglenews@empacc.net

Contact us at 607-522-5676.

EXCELLENT RATES!
Honeoye, NY - Rebecca Y.M. Barnhoorn, 78, beloved mother, grandmother and great-grandmother, passed away peacefully on March 31, 2017 at F.F. Thompson Hospital, Canandaigua. Born on February 19, 1939 in Bath, NY, as Laura Jane Wilson, she was given up for adoption by her natural parents, the late Orin and Helen Jane (Williams) Wilson, when she was 8 months old. On August 26, 1940, she was formally adopted by the late Robert and Isabel (Stay) Wilcox of Bath, and her name was legally changed to Rebecca Yvonne Wilcox. She later added Mary to her given name.

During her early years in Bath, Rebecca lived on East Morris Street and went to Havelring Central School. She was active in the Girl Scouts, and the Centenary Methodist Youth Fellowship, participating in the choir and as a pianist. Because of a lack of love by her adoptive mother, Rebecca left the Wilcox home. She lived her late teen years in foster homes in New York City, Hornell and Rochester. She completed her education at Nazareth Academy in Rochester, graduating on June 22, 1959.

On November 5, 1960, Rebecca married Bart Joseph Barnhoorn at the Church of the Blessed Sacrament in Rochester; Bart preceded her in death on May 3, 1996. Rebecca worked as a nursing assistant at St. Ann’s Nursing Home, Rochester, Elm Manor Nursing Home, Canandaigua, Honeoye Lake Home for Adults, and Sisters of St. Joseph Infirmary, Rochester. She also provided private duty in-home nursing care.

In the 1970s, Becky served as a member of the Committee for the Handicapped at Honeoye Central School. She also was an organist at the former St. Michael’s Church, Livonia Center.

On December 17, 1990, after over half century of separation, Rebecca was united with her biological brother, Paul Douglas Watkins. The reunion was made possible by the persistent research of Rebecca’s son, Stephen.

Rebecca will be sorely missed by her children, Michael J. Barnhoorn of Honeoye Falls, Daniel J. (Andrea) Barnhoorn of Scottsville, Stephen A. Barnhoorn of Honeoye, Bart J. Barnhoorn of Lima, and Toni (James) Sloan of Bloomfield, grandchildren Nicki Lee Barnhoorn, Lydya Anne Guthrie, USA Sgt. Suzanne W. Barnhoorn-Beardslee, Elliot J. Guthrie, and Christopher W. Barnhoorn; great-grandson Elijah Joseph Perrin; and many nieces and nephews. In addition to her biological parents and husband, she was predeceased by her brother and sister-in-law, Paul and Shirley Watkins, paternal half-sister, Thelma Jennie Wilson, and niece, Colleen Jane Watkins.

Friends were invited to a Memorial Service on April 8th at St. Mary’s Church in Honeoye, with Father Hoan Dinh officiating. Rebecca’s son, Stephen, delivered the eulogy: Burial was set for St. Mary’s Cemetery, Honeoye. In lieu of flowers, memorial contributions may be made in Rebecca’s memory to the Richmond Fire Department, 4830 County Rd. 36, P.O. Box 447, Honeoye, NY 14471. Arrangements were entrusted to Kevin W. Dougherty Funeral Home Inc. To send a condolence or for further information, please visit www.doughertyfuneralhomes.com.

Hornell, NY

Marcia M. Eldridge

Hornell, NY - Marcia M. Eldridge, 72, passed away peacefully on April 5, 2017 at her home on Adst Street. Son of the late Berthold and Marguerite Brandenburg, Marcia was born in Delhi, NY on August 13, 1944 and grew up on East Morris Street in Rochester, participating in the choir of the Centenary Methodist Youth Fellowship, where she had resided for the past 4 years. Born in Friendship on March 12, 1932, he was a son of the late Glenn and Deliah (Bean) Hutchinson. A graduate of Scio Central School, Hutch proudly served his country with the U.S. Navy from 1951 to his honorable discharge in 1955 and was a recipient of the National Defense Service Medal and the Good Conduct Medal. He has resided in Hornell since 1955 and was employed as a delivery man for the former Modern Cleaners and Loeb’s Cleaners in Hornell, also formerly employed as a salesclerk for the Prudential Insurance Company. For 26 years he was employed at the former Foster-Wheeler Energy Corp. in Dansville, retiring as a welder. After retiring he was employed for two years as a security officer for the Burns Security Co. at Foster-Wheeler. Hutch loved horses and throughout the years he owned several trotters and race horses. He was a life member of the VFW Post No. 5230 in Wellsville and a former member of the Hornell Moose Lodge No. 210.

He will be remembered as an exceptional man who everyone loved that loved everyone. His loving family includes his wife of 63 years, the former Alice E. Bostick, who he married at a beautiful candlelight ceremony at the Calvary Baptist Church in Wellsville; daughter Vickie Clarke; brothers William “Bill” (Helen) and Walter James “Jim” (Beverly) Hutchinson, sister-in-law Mary Ellen Titlow; as well as several nieces and nephews. Besides his parents, he was also predeceased by his brother, Raymond Glenn Hutchinson; father-in-law and mother-in-law, Tommie and Sara Wheeler. In lieu of flowers, those wishing may contribute in his memory to the Hornell Area Humane Society, 7649 Industrial Park Road, Hornell, NY 14843. Arrangements were entrusted to Bishop and Johnson Funeral Home, Inc., Hornell.

Funeral services with military honors were held April 4th at the Bishop & Johnson Funeral Home, Inc., Hornell, with the Rev. Karl Kemp officiating. Rebecca’s son, Stephen A. Barnhoorn-Beardslee, Elliott J. Guthrie, and Christopher W. Barnhoorn delivered the eulogy. Interment was set for Rural Cemetery, Hornell. With the Rev. Karl Kemp officiating. Rebecca’s son, Stephen A. Barnhoorn-Beardslee, Elliott J. Guthrie, and Christopher W. Barnhoorn delivered the eulogy. Interment was set for Rural Cemetery, Hornell. In lieu of flowers, contributions may be made in Rebecca’s memory to the family or to light a candle please visit http://www.dagonfuneralhome.com.

Mary E. Kelleher

Hornell, NY - Mary E. Kelleher, 83, died March 31, 2017 at Highland Hospital in Rochester following a long illness. A native and life resident of Hornell, Mary was born August 14, 1933, daughter of George and Ber- nadine (Green) Phillips. Mary was a graduate of St. Ann’s School and later graduated from Hornell High School class of 1952. She was a member of St. Mary’s Church and was a former member of the V.F.W. Post No. 2530 in Wellsville and a former member of the Hornell Moose Lodge No. 210. She is survived by her husband of nearly 49 years, the former Wallace J. Phillips; sisters Susan Anderson and Margie (Kirk) Noye; 9 grandchildren, Adam (Rachel), Brian, and Annie Wilsey, Temwa, Sibongile, and Thambi Chusi, Lauren (Kirk) Luvison, and Emma and Grace Kelleher; great-grandchildren Benjamin and Jonathan Wilsey; and several nieces and nephews. Besides her husband, she was also preceded in death by her brother, Thomas Phillips; and sisters Ann Ro- han and Sara Williams. A Mass of Christian Burial was held March 3rd at St. Ann’s Church. Burial was set for St. Mary’s Cemetery. In lieu of flowers, memorial contributions in her name may be made to the Palmetto Animal Protection Group, 1000 South Ave., Roches- ter, NY 14620, or to Visiting Nurse Service, 2180 Empire Blvd., Webster, NY 14580. Arrangements were with Dagon Funeral Home. To send a re- memberance card, she loved the family or to light a candle please visit http://www.dagonfuneralhome.com.

Margaret Ann Roski

Hornell, NY - Margaret Ann ‘Peg- gy’ Roski, 96, died April 3, 2017 at Updyke’s Nursing Facility in Hornell where she had resided for the past 4 ½ years. Born in Hornell on July 25, 1920, she was the daughter of Stan- ley and Genevieve (Simčič) Roski. Peggy grew up in Hornell and, as a young girl, was a member of Girl Scouts of America and also Camp Fire Girls. She was a graduate of St. Ann’s School and later graduated from Hornell High School (class of 1938). Peggy enjoyed acting in high school and landed the leading female role of her senior play, “Seventeen” by Booth Tarkington. Following high school, she enrolled in the former Feggin School of Dramatic Art in Rochester Center in New York City, graduating with a two year degree. Throughout the years, Peggy held numerous jobs including working in Theater in many capacities, including actress, usher and later as theater treasurer (box office). She worked as an actress and traveled with many road companies including Claire Tree Ma- jor (Children’s Theater of New York). She served as “Dramatic Counselor” at Summer Camp and as an actress with Summer Stock Theaters. Peggy was also involved with the Experimental Playhouse of the Air (Vanguard Thea- ter) and also volunteered at the Stage Door Canteen (USO) during WWII. In addition to her acting and theater career, Peggy was a sales clerk in many NYC stores, including Ma- cys, Abercrombie & Fitch and the former Sterns Store.

Peggy was truly a “world traveler”, having traveled to all the visiting countries such as Russia, China, Japan, Israel, Indonesia, Switzerland, Germany, Africa, Australia, Cuba, South America, just to name a few. She returned to Hornell about 11 years ago. While in New York City, she was a past member of St. Mary’s Church. When most of her adult life, she attended Daily Mass and recited the Rosary. She enjoyed spending time in the Adoration Chapel, where she was a member of the “Cleansing Crew,” making sure that the church was spotless. In her younger years, Mary served as a member and past presi- dent of the St. Ann’s School Mother’s Club. She was also a member of the Order of St. Ann’s School Mother’s Club.

She was married on September 21, 1957 to William “Buddy” Kelleher who died in 2004. She is survived by her daughters, Mary Margaret (McLeod) Chis, Liz (Dave) Wilsey, Pam (Michael) Murphy, and Katie and Patty (Ken) Hampson Kelleher; son William “Bill” (Kristen) Kelleher, brothers James (Nancy), George and Michael Phillips, sisters Susan Anderson and Margie (Kirk) Noye, 9 grandchildren, Adam (Rachel), Brian, and Annie Wilsey, Temwa, Sibongile, and Thambi Chusi, Lauren (Kirk) Luvison, and Emma and Grace Kelleher; great-grandchildren Benjamin and Jonathan Wilsey; and several nieces and nephews. Besides her husband, she was also preceded in death by her brother, Thomas Phillips; and sisters Ann Rohan and Sara Williams. A Mass of Christian Burial was held March 3rd at St. Ann’s Church. Burial was set for St. Mary’s Cemetery. In lieu of flowers, memorial contributions in her name may be made to the Palmetto Animal Protection Group, 1000 South Ave., Roches- ter, NY 14620, or to Visiting Nurse Service, 2180 Empire Blvd., Webster, NY 14580. Arrangements were with Dagon Funeral Home. To send a re- memberance card, she loved the family or to light a candle please visit http://www.dagonfuneralhome.com.
Every Cloud Really Does Have a Silver Lining, At Least for Your Plants

By Barbara Damrosch
Special To The Washington Post.

A

pril's here, and, weather-wise, anything can happen. Northerners know better than to put away their snow shovels, and even a Mid-Atlantic gardener might think twice about putting all the tomato plants in the ground, springlike though it may be. Snow or frost may still appear.

Gardeners tend to be philosophical about weather events, partly because they're beyond our control and partly because there's usually an upside to them. Snow is a case in point. To a cold-climate gardener, a consistent snow cover that lasts all winter is nature's mulch. It protects any perennial plant hardy enough to take the cold, without the heaving and breakage of plant roots that comes with alternating freezes and thaws. On the other hand, freezing and thawing is great for the soil's structure, opening up crevices that absorb water, nutrients and air.

Snow is also referred to by old-timers as the poor man's fertilizer. That's because snow and rain absorb nitrogen from the atmosphere and carry it to earth, adding as much as 10 pounds per acre in a form (nitrates) that plants can use. Snow does it better than rain, because it seeps slowly into the soil rather than washing away as runoff. Unfortunately, air pollution now adds way more acidic nitrates to precipitation than before, leading to algae blooms, damage to animals and plants, and other woes. So while a storm might make the air seem fresh and cleansed, it may have brought some trouble with it at ground level.

An excess of water, whether from heavy rain or rapid snowmelt, can be good or bad depending on how your ecosystem is managed. Flooding can lead to the loss of precious soil if a gardener leaves it exposed, without the protection of nature's catchment system of plant roots. In ancient Egypt, the annual flooding of the River Nile was so beneficial to the fertile lands on either side that the river was believed to embody the god Osiris. It's all about giving water a right place to go.

Wind is another great force in which nature governs and takes away. It's annoying when it drifts snow onto the driveway, knocks over the corn or rips the row covers off the broccoli. But a windy night lessens the chance of a fire. A windy day makes it harder for mosquitoes to fly. If you live by the ocean, sea breezes not only cool and refresh, but they also carry a bit of the ocean with them. Seawater, in the form of windblown spray, delivers a healthy dose of trace elements that make garden plants thrive. No wonder seaweed fertilizers are so effective.

We all know by now that fire, destructive force, and we have no business asking any favors of them because nature is in charge, and all they owe us is a reminder of that. The best you can say about them is that they renew the landscape by ripping it to pieces. That they sometimes pick up seeds and resow them in another county. That they are amazing, monstrous whirling towers of terrifying force, and we have no business asking any favors of them because nature is in charge, and all they owe us is a reminder of that.

By Barb Rathbun
Photography, Framing, Portraits & Custom Framing
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e-mail: barbrathbunphotography@gmail.com
website: barbrathbun.com

This year's on-again, off-again snowfall hasn't been good for plants, but it does improve the structure of soil. (Photo by Barbara Damrosch)

The dogwood is known to us for its graceful blossoms and distinctive bark, but it also attracts wildlife. Silk moths and several species of butterflies favor dogwoods as hosts. The flowers provide nectar to bees and other pollinating insects, including spring azure butterflies. American robins, northern mockingbirds and sparrows will build nests on its horizontal branches. Many birds eat its berries, including cardinals, titmice, bluebirds, juncos and waxwings.

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Calling Citizen Scientists: Researchers Want You to Track Nesting Birds in Your Garden

By Adrian Higgins
The Washington Post

The ridiculous extremes of weather of late have unsettled not just the plants and the gardener on the landscape stage, but the songbirds.

The balmy late winter (before it turned cherry-blossom frigid) encouraged a white-throated sparrow in my garden to build a nest in the climbing hydrangea. The nest was later abandoned, presumably after the sparrow noticed the freeze damage to the magnolia tree and hydrangea bushes, and decided that spring had jumped the gun.

April, everyone hopes, will hit the spring reset button. We can get on with planting, and the birds with building nests, laying eggs and raising their young. The next eight weeks offer, for many types of birds, their one chance in the year to produce a new generation.

This nesting business is an extraordinary and perilous feat. Parent birds must gather the materials to fashion a nest, build it at just the right spot — sheltered and away from predators — and then incubate the eggs. Once the babies arrive, life is a continual hunt for worms and flying insects to feed the young. Fledglings make the leap in May and June, a particularly fraught time.

Rearing chicks can be trying for the gardener, too. Forget about pruning the hedge where the birds are nesting or oiling the wooden bench in the vicinity — the avian parents get anxious and the best thing we can do is give them some space.

But if you want to turn your curiosity into something of scientific value, consider NestWatch, the Cornell Lab of Ornithology’s springtime enlistment of citizen scientists to monitor nesting birds. Volunteers across the United States register to track the progress of nests around their homes. Last year, more than 2,000 registrants tracked 21,000 nests, said Robyn Bailey, the project leader.

The monitoring does involve some contact to check the number of eggs laid and how many nestlings survive, but watchers are instructed in how to minimize the disruption.

This rite dates back to 1964, so the annual data offer valuable insights into such matters as the shifting range of birds. In that time, the records have helped to establish that bluebirds, for example, are now doing well after a period of decline, but that the American kestrel and northern flicker seem to be scarcer.

Some species can be helped with nesting boxes — bluebirds, wrens and chickadees, for example. Others don’t...
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• Q: Why couldn’t the rabbit fly home for Easter? A: He didn’t have the hare fare.

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The NY Eagle News | April 13, 2017
nyeaglenews.com
Meet Brett Young, the California-Chill Singer Who May Be Country's Next Star

By Emily Yahr
The Washington Post

Brett Young can't make it through the hotel without someone asking for a picture or stopping to say hello, although he'll be the first to tell you that this is a biased crowd. He's here at a country music radio conference, and not only are the hallways filled with industry executives, but fans also stake out spots in the lobby, hoping to see their favorite singers.

Although you may not know his name, Young is in the fast lane to become one of country's breakout stars. Buoyed by such quick-rising singles as "Sleep Without You," his No. 1 hit about lovesick insomnia, and "In Case You Didn't Know," a ballad destined to be a staple on wedding playlists, Young has checked nearly every box as he tries to embark on a Nashville success story.

Songwriting chops? Yes - Young, 35, honed his skills for years as a singer-songwriter in Los Angeles, often the only aspiring country crooner in rooms full of pop artists. A record deal? Check – a year after moving to Nashville in early 2014, Young's smooth vocals with a slight rasp caught the attention of label execs. An opening spot on a big tour? Indeed – after stints on tour with Brad Paisley, Luke Bryan and Thomas Rhett, Young will be the first opener for Lady Antebellum's world tour this summer.

Young, a Southern California native, seems laid-back, considering the swirl of activity around him. But don't confuse a chill SoCal attitude with laziness. Young credits an intense work ethic to his days as a college baseball player, using an athlete's mentality to get him through his new thrilling (albeit exhausting) schedule.

"Country music isn't about being better than the guy next to you – it's just making sure that you keep working hard enough to deserve the position that you get in," said Young, who released his self-titled debut major label album in February. "There's room for everybody to have success, but the moment I start slacking is the moment people will forget about me."

Young learned early on how easily you can become disposable in Nashville, a town that has a revolving door of aspiring stars. When he first started testing the waters of Music City, he was earning a living playing bars and restaurants in Los Angeles, releasing several albums independently. Still, he was getting restless, and the California crowds had little patience for his beloved country tunes.

"I tried to mix country music into my sets in L.A., and I noticed that was when people checked out," Young said. "And I was like, 'That doesn't make sense. The genre that I love the most is the one that doesn't work.'"

He made Nashville connections through a mutual friend and started occasionally flying in to network and

Brett Young, who hit No. 1 on the country radio charts with his first single, combines his California pop influences with a modern Nashville sound. (Photo by Big Machine Label Group)
If Money Is No Object, Go Ahead and Buy the 2017 Audi 3.0T Quattro Sedan

By Warren Brown
Special to The Washington Post

There are people who comfortably can afford the 2017 Audi 3.0T Quattro sedan with “competition” trim.

"Comfortably" means they can buy it immediately with cash; they easily can afford a 48-month car note of $800 or more without endangering funds for housing, food, health care, or education; they won the car in a competition of some sort.

It is a fine automobile that, loaded with costly options, has most of the latest advanced electronic safety and driver-assistance technology. Truly, it is a car that can keep you alive, crash free, or otherwise safe from injury on a long drive.

It is like the best of the very best health insurance policies. As outfitted for this column — replete with "competition" trim and a full suite of items such as blind-side monitoring, forward-collision mitigation, and one of the most advanced head-up display information systems available in the U.S. market — it costs $80,450.

Why am I writing about new automobile purchase costs and financing instead of how much fun it is to take the Audi 3.0T around curves, or how well the car’s all-wheel-drive system works in nasty weather?

The numbers bother me. I’ve been going over vehicle finance reports by Interest.com, a consumer finance company, and they disturb me. Heck, they should disturb everyone in the automobile industry.

According to Interest.com and similar consumer finance reports, most residents of the nation’s 25 largest metropolitan areas can’t comfortably afford the current average new-vehicle price of $32,086. It has to do with median household income and new vehicle down payments. Here’s the thing, according to Interest.com: Only well-employed folks — largely enhanced by federal largess boosting enhanced by federal largess boosting an average annual household income to about $75,000 — can comfortably afford a new car costing $32,086.

What does that mean for the $80,000 plus 2017 Audi A7 3.0T Quattro with "competition" trim? If you are Audi, it means you are looking for buyers in the more affluent households of Washington, San Francisco or Boston — homes that have average household incomes of $95,000 or more.

Some people actually belong to that very tiny market, and Audi is going all out to woo them with the A7.

Those buyers are getting a very nice car.

It comes with a supercharged (force air), 3.0-liter gasoline V-6 (340 horse-power, 325 pound-feet of torque). The engine is linked to an eight-speed automatic transmission that also can be operated manually.

The A7 is very smooth, very fast — truly capable of moving from 0 to 60 miles per hour in under 5 seconds,

AUDI A7 PAGE 17
GM Joins Chorus Warning Used-Car Prices to Fall on Auto Glut

By David Welch
Bloomberg

General Motors said a glut of used cars will return to market after their leases expire and drag on its finance unit this year, following similar warnings by peer Ford and lenders such as Ally Financial Inc.

The prices of used cars in GM Financial’s leasing portfolio will decline about 7 percent this year, GM Chief Financial Officer Chuck Stevens said on a conference call with analysts April 6. The value of used GM vehicles has depreciated faster than expected in the first quarter, particularly with crossovers, and prices will fall as much as 3 percent next year.

“Leasing became the flavor of the month,” Maryann Keller, an auto industry consultant in Stamford, Connecticut, said by phone. “This is a consequence of the behavior we’ve seen.”

Ford touched off concerns about declining used car prices late last year, when the automaker cut its lending unit’s profit forecast by $300 million. The National Automobile Dealers Association’s used vehicle price index plunged in February by the most since November 2008, spurring concerns about the fallout for automakers, lenders including Ally Financial and car-rental companies such as Hertz Global Holdings Inc.

When auto lenders lease out vehicles, they charge the customer a monthly payment and make an assumption of the car or truck’s value when it will be returned and re-sold as used. If vehicles are depreciating more than expected, losses can pile up. Automakers and lenders then may have to begin offering less-attractive terms on new leases.

GM rose 0.6 percent to $34.19 as of 12:40 p.m. in New York trading. The shares have slipped 1.9 percent this year, trailing the S&P 500 Index.

“The deteriorating value of smaller sport utility vehicles such as the Chevrolet Equinox is a surprise because the segment has been one of the fastest-growing within the U.S. auto market. Crossovers are about 45 percent of GM’s lease portfolio, followed by trucks and SUVs at 30 percent and passenger cars making up the rest.”

The declining re-sale values are manageable and GM Financial’s profit will still rise this year, Stevens said.

“This is something that we need to close, closely monitor and pull every lever,” he said.

Used-car prices are falling faster at auction — where automakers typically dispose of off-lease vehicles — than they are on dealer lots. CarMax Inc., the largest seller of used-vehicles in the U.S., said April 6 that average wholesale vehicle selling prices fell 6.3 percent to $4,910 in the quarter ended in February, while the average price of used vehicles to consumers slipped only 1.6 percent to $19,435.

GM Financial should still be able to meet its profit goals, Stevens said. The automaker has projected increasing the unit’s profit to more than $1.6 billion by 2018. The unit reported $913 million in adjusted pretax earnings last year.

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Steve McQueen’s Le Mans Porsche Electrified for $1.1 Million

By Jonathan Tirone
Bloomberg

Three Austrian brothers have reworked a limited-edition Porsche race car model driven by actor Steve McQueen in the 1971 film Le Mans to run on electricity.

Kreisel Electric plans to sell the EVEX 910e for 1.1 million euros ($1.1 million), according to an email by actor Steve McQueen in the 1971 movie about the race starring actor Arnold Schwarzenegger began trialing a Mercedes G 350 all-terrain vehicle retrofitted to run on electricity.

It’s not the first time that Kreisel has re-worked a limited-edition Porsche Panamera that outperformed Tesla’s Model S in some measures. The Austrian company says its patented laser-welding and thermal-cooling techniques give them an edge over Tesla because the method preserves the full power of the lithium-ion cells.

It’s not the first time that Kreisel has tapped a Hollywood icon to market its creations. In January, former California governor and Austrian-born actor Arnold Schwarzenegger began trialing a Mercedes G 350 all-terrain vehicle retrofitted to run on electricity.

Because only about 35 of the original Porsche 910 frames were ever built, Kreisel will only produce “very limited quantities” of the souped-up plug-in model, spokesman Martin Lettner said in an email reply to questions. Production will begin next year.

The original Porsche 910 had a maximum power of 162 kilowatt-hours, according to the Cargister, an online repository of automobile specifications. The motor in Kreisel’s rebotted model operates at 360 kilowatt-hours and it has a capacity of 53 kilowatt-hours.

Kreisel announced its first order last year to deliver as many as 2,000 electric powertrains and battery packs to VDL Groep in the Netherlands for Mercedes Sprinter minibuses.

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The Washington Post's Mark Maske provides in-depth NFL analysis with "First and 10," a dissection of the league's most important developments.

F

1. Where do the Texans turn now?

Tony Romo is headed to the broadcast booth, at least temporarily, and he won't be coming to the rescue of the Houston Texans. He won't solve their long-standing quarterback problem and he won't be the final piece of their Super Bowl puzzle.

So what do the Texans do now?

They could stand pat at quarterback. That would mean making an inconsequential move or two to round out a roster that now includes a pair of QBs, Tom Savage and Brandon Weeden. It would mean entering the season with the hope that Savage, who has some promise but zero career touchdown passes, develops into a quarterback worthy of a team with a Super Bowl-caliber defense and some decent ingredients on offense.

But that's not good enough. The Texans need to do more. They can't continue to waste the best years of J.J. Watt's career without giving him a quarterback capable of making this a Super Bowl team. They can't waste the efforts of a defense that was outstanding last season even without Watt, and could be as good or better with him back.

That could mean signing Colin Kaepernick or Jay Cutler, the most prominent quarterbacks still available in free agency.

By Mark Maske

The Washington Post

Ditched by Tony Romo, Should Texans Sign Colin Kaepernick or Jay Cutler?

The Texans somehow could coax a 2015-like performance out of Cutler, who threw for 3,659 yards and 21 touchdowns with only 11 interceptions that season, that would be plenty good enough. That would be an upgrade, presumably, over what they would get from the quarterbacks currently on their roster. But could they get that version of Cutler?

It's not an easy decision.

It's not the ideal situation for the Texans, but it's what they now face. It says here that the Texans should decide which of the two they prefer, sign him and at least give him a look through the offseason, training camp and the preseason. There is much at stake.

...AND TEN

1. Broncos' QBs...

The Denver Broncos were also denied a chance to pursue Romo but they should be okay with Trevor Siemian and Paxton Lynch.

Siemian actually was decent last season with 18 touchdown passes, 10 interceptions, an 84.6 passer rating and 3,401 yards passing in his 14 starts. If he makes reasonable progress in his second season as a starter, he'll be a playoff-caliber quarterback.

The Broncos traded up to get Lynch in the first round of last year's NFL draft. Few—a very few—observers thought he'd be ready to start as a rookie. But plenty like his potential for Year 2 and beyond. If he develops as expected, the Broncos will have an interesting decision to make.

2. Romo's next task...

As for Cutler, the Chicago Bears finally had enough of his inconsistency and moved on. He never has fulfilled the promise of his ability and arm strength, and now he's about to turn 34 and coming off shoulder surgery. But he was a pretty decent in 2015 in Chicago with Adam Gase as the Bears' offensive coordinator. If the

6. What about Fitzpatrick?

Jones's delaying tactic gave Romo the time and space to make the adjustment, that will be a better fit for him. Jones's delaying tactic gave Romo the time and space to make that decision.

And releasing Romo—at his request, according to the Cowboys—gives him the option to pick his team if he does return at any point.

5. On Simms... There was a certain euphoria by some fans, it seemed, at the CBS decision to oust Simms in favor of Romo. The dislike for Simms as an analyst was odd. He was perfectly competent, and no one should be applauding his professional misfortune.

6. What about Fitzpatrick?

Last offseason, remember, Fitzpatrick's free agent status was a big story. He was coming off a productive season for the New York Jets and he didn't re-sign until the eve of training camp.

Now, no one seems to care that Fitzpatrick is available. He almost certainly will be forced to sign a modest contract. But he could be a viable veteran backup whose availability shouldn't be forgotten or completely dismissed.

7. What about Griffin?

Griffin, too, has been out of sight, out of mind since the Broncos opted not to bring him back for a second season. The former offensive rookie of the year for the Washington Redskins almost certainly will not land in a spot where he can vie for a starting job.

But a year or two out of the spotlight might serve Griffin well. He could try to learn how to make the transition from improvisational quarterback in a gimmick offense to reliable NFL pocket passer without the pressure of needing to start and be productive.

FIRST & 10 PAGE 26

Play Better Golf with JACK NICKLAUS

by Chris Schneek

1. Who was the first back-to-back MVP winner in National League history?

2. Entering 2017, who had the best career regular-season winning percentage (minimum of two seasons) of any Houston Astros manager?

3. In 2015, Brandon Marshall of the New York Jets became the first NFL receiver to have six 100-catch seasons. Who had been tied with him at five?

4. Villanova’s men’s basketball team set a record in 2016 for the biggest margin of victory in Final Four history (44 points). What had been the biggest margin?

5. In 2016, Florida’s Janoris Jenkins moved to second on the NFL career-sacking list. Who had been No. 2?

6. Who was the last woman before Katie Ledecky in 2016 to sweep the 200-, 400- and 800-meter freestyle swimming events at one Olympics?

7. How many consecutive Ryder Cup teams have golfer Phil Mickelson been a part of?

Answers


2. Larry Dierker had a .556 winning percentage (.455-348) from 1977 to 2001.

3. Andre Johnson and Wes Welker.

4. Cincinnati (1963) and Michigan State (1975) each won a Final Four game by 34 points.

5. Mark Messier, with 1,487 points.


7. Eleven consecutive teams.

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Will Carmelo Anthony Finally Change Teams This Summer?

By Tim Bontemps
The Washington Post

The Washington Post looks ahead to what the Knicks have in store for this offseason after being eliminated from contention for the 2016-17 title.

2017 draft picks
First round: Their own.
Second round: Chicago's, Houston's.
2017-18 salary cap space (with projected $812 million cap)
$29.8 million (eight players with $66.4 million in guaranteed contracts, three draft picks worth $66.2 million and one roster charge worth $81.5 million).

Anthony, however, gave Anthony a no-trade clause in his upcoming exit meeting when he signed his five-year, $120 million contract.

Anthony is over.

So what's next? That's the million-dollar question. The guess here is that Anthony will be back in New York next season, given his hefty contract and the unlikelihood that a team with cap space — and that he'd be interested in — will pursue him. But if Anthony is willing to move, Jackson will do everything he can to move on from a player he clearly would like to get rid of.

What is the future of Phil Jackson, Jeff Hornacek and the triangle offense? When Jackson was denied the ability to hire his preferred candidate, Kurt Rambis, as head coach last summer, Jeff Hornacek was hired instead. The Knicks were then expected to move from Jackson's beloved triangle offense to more of the spread pick-and-roll play Hornacek employed in his prior job as coach of the Phoenix Suns.

Fast forward to the end of this season, and Hornacek says the Knicks will be fully running the triangle next season. Is that because he's come around to Jackson's line of thinking? Unlikely. Is it to try to keep his job, and remain in Jackson's good graces? Much more likely.

The Knicks — led by Anthony — spent most of the following season dealing with a knee injury that eventually required surgery, and then has dealt with a knee injury that eventually required surgery.

Jackson, however, gave Anthony a no-trade clause. Since then, Anthony has been steadfast about his desire to stay with the Knicks, but recent comments indicate his attitude might change. More specifically, Anthony recently told reporters "the chips will be on the table" in his upcoming exit meeting with Jackson when the season is over.

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Service Dogs Still Face Awareness Gap

DEAR PAW’S CORNER: I recently saw a news story about a woman with a service dog who was kicked off of an airplane flight. My state is trying to toughen up laws about service dogs, I’m confused. Why aren’t service animals getting their due?

— Dane in Springfield, Massachusetts

DEAR Dane: Despite a lot of publicity about service animals and other types of companion animals, there is still confusion in the general public and among businesses about these helpers, the roles they play, and whether they’re allowed into stores, restaurants or even airplane flights.

The recent airplane incident demonstrates that there’s still a lack of knowledge about how service dogs and their owners should be accommodated. (The airline ultimately apologized to the passengers.)

Part of the problem is not knowing or understanding how service or companion animals, such as therapy dogs, should be accommodated. Another part of the problem is that the regulation about service dogs in the ADA (Americans with Disabilities Act) is somewhat vague and doesn’t address other animals or specific types of services. Therapy and other types of companion pets are not mentioned in the ADA regulation.

The bill being debated in Massachusetts takes aim at a third problem that has arisen: businesses that take advantage of the ADA’s vague wording to sell inadequately trained animals to people in need of service dogs or companion pets. Supporters of the bill say that poorly trained animals can undo years of work raising awareness of the need to allow service dogs and therapy pets to come into businesses with their owners.

In short, there’s a need for clearer legislation and continued awareness-building about service, therapy and companion animals and the rules they play.

Send your tips, questions or comments to ask@pawscorner.com.

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**BIBLE TRIVIA**

by Wilson Casey

1. “That’s What Girls Are Made For” was the debut single for what R&B group? **The Spinners, in 1961.**


3. What did you spray on the Easter bunny? **The man was astonished. He couldn’t figure out what substance could be in the woman’s spray can. He ran over to the woman and asked, “What is in your spray can? What did you spray on the Easter Egg hopper?”**


5. What was the first sin called? **The Fall**

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**ANSWERS:**


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**GO FIGURE!**

by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand corners of the dialog by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY **`** Moderate ` `** Difficult **`** **GO FIGURE!**

```
 1  3  4  5  6  7  8  9  10
```

Match the word on the left with its meaning on the right.

1. platform  a. shaped like a slipper
2. terriform  b. shaped like a tower
3. multiform  c. shaped like a stalk
4. restiform  d. shaped like a hammer

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**STICKELERS**

**5 Terry Stickels**

```
+ 2
- 3
× 4
÷ 5
```

and again to keep those energy levels up and bristling for action.

**LIBRA (September 23 to October 22)** A stress-filled period takes a positive turn as you deal with the underlying problem. Act now to avoid a recurrence by changing some basic rules in your relationship.

**SCORPIO (October 23 to November 21)** Your rising energy levels make it easier for you to achieve some important objectives. This could lead to a big boost in how you’re perceived, both at home and on the job.

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*DEAR PAW’S CORNER*

1. Aries (March 21 to April 19) A void having someone else take credit for the project you started by finishing it yourself. Then it will be

2. You love Lany birds who are wearing these well-deserved laurels.

3. Tai Chi (April 20 to May 20) The facts about a new opportunity are still emerging.

4. Wait until you’re all out in the open, and then use your keen business sense to help make the right decision.

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Dear Father in Heaven,
Most of us humans go through life thinking that we know what we are capable of doing and what we are not. Though we may learn new things, especially in this era of lightning-fast changes brought about by ever-evolving technology, generally I think most of us feel that we know without a doubt where our ultimate limitations lie.
But I have found on my walk with You that this is by far faulty thinking on our part. There is so very much more within us than we can begin to realize, until something in life forces us out of our comfort zones and into the realm of things we knew for a fact we could not do. Only You truly know all that we can do, and You find ways or use circumstances to bring some of these things out, in which we are forced past our imagined boundaries, into the realm wherein all things are possible, through Jesus Christ who strengthens us. If we act in faith, lean on You and let You lead us, we will be surprised, even amazed at all we can do.

One of the most pervasive examples of this in life today seems to be caring for our sick, injured, and handicapped loved ones. When my husband's 11 year battle with cancer began, I was repeatedly tasked with levels of caregiving that I never dreamed I could handle mentally or emotionally, never mind do. This started with major full-belly wound care, included many emergency room visits, hundreds of doctor visits and tests, more post-surgical and other types of care, right through to hospice care. Not only didn't I know how to do the many things I would learn to do, I never dreamed in my wildest imagination that I could handle not only the actual tasks but the emotional roller coaster, lack of sleep and so much more that comes with this type of illness in a loved one.

What caused me to think about this topic now was an amazing and inspirational story I saw recently on the CBS evening news, which told about a young man named Eugene who felt that You called him to do one really big random act of kindness. He didn't know who he was supposed to help or how — all he knew was that he had to help someone, and it had to be life-altering. He put it off for months, thinking it was "too soon," but he finally decided to help a young man who had lost his ability to walk after being mugged, shot, and paralyzed eight years ago. This man vowed that he would walk again, against all odds. Eugene had no idea how to help the paraplegic man, but ended up quitting his job and hiking from California's southern border almost to Canada, calling for donations along the way. The goal was to raise about $80,000 for an exoskeleton, which is a robotic type of device that helps people walk who couldn't otherwise on their own. It was a dramatic example of being called to do something completely outside of what one considers the realm of possibility, that was not only made possible but successful, through putting total faith in You. Eugene was elated by the accomplishment and experience, and said that he planned to help others to help (to see the story go to https://www.cbsnews.com/news/on-the-road-one-mans-long-journey-to-help-a-stranger-walk-again/).

There actually are many such examples of people accomplishing astonishing things through faith. Adults, teens and even young children see someone in need and decide to do something about it, which frequently turns into ever larger accomplishments than they originally targeted.

I think that often, part of Your methodology in getting us to new heights, as it were, is that it is all done one day, perhaps one minute, at a time, so that our focus remains in the moment, not on the entire length of the experience. We don't think how long these things will go on, nor all that we will go through in the process. If we were be able to see the entire experience in advance, it would be extremely overwhelming and we might well give up before we ever start.

Of course, there are many exceptions to this, such as the person who finds true human strength to lift a car off of someone who is pinned and in imminent danger, or throws themselves on a grenade in order to protect their comrades in arms. In such cases, I believe that the Spirit of You in us is the catalyst for quick and selfless action, and that You give each of us the ability as well as the instinct required for the situation.

Thank You Lord that You don't give us, or let us know about, more than we can handle in a given moment. Thank You too for letting us get a glimpse from time to time, of all the divine wonder with which You have filled each of us — the only limit is us.

Amen

Religion

Prayerful Thoughts
By Linda Childs
Exclusive to The New York Eagle News

As a Westboro Baptist Member, She Preached Hate — Then She Found Understanding

By Steven Petrow
Special to The Washington Post

Megan Phelps-Roper vividly remembers standing in a picket line on a Kansas street corner as a blue-eyed, chubby-cheeked 5-year-old, "my tiny fists clenching a sign that I couldn't read yet."

"Gays are worthy of death," read the placard.

It's not a proud memory for Phelps-Roper, who attended many such pickets as a child, usually surrounded by her large family. If her name sounds familiar, it's because her grandfather was the late Rev. Fred Phelps Sr., founder of the notorious Westboro Baptist Church, which is best known for picketing military funerals, claiming that the deceased service members had been killed because of our nation's acceptance of gay rights.

In her 20s, Phelps-Roper abruptly divorced her family and stopped picketing.

In an extraordinary new TED talk, Phelps-granddaughter explains that she owes her transformation to, yes, Twitter. Strangers would send her messages filled with "rage and scorn," she says, but she started responding with cute smiley faces, pop culture references and Bible verses. With her angry critics caught off guard, she told a rapt audience in New York, "conversations would ensue — and it was civil." Her experience is a powerful lesson for us all in these confrontational times, showing us how to deftly and de-flare the vitriol — and find a way to communicate effectively with our most fervent opponents.

Phelps-Roper didn't necessarily change the opinions of her Twitter adversaries, she admits, but talking to them in a new way certainly changed her, as she realized that she could no longer justify her actions with Westboro Baptist. She and her sister Grace departed from the church, severed their family ties and penned a public apology.

For the past 18 months, I've been conducting a similar experiment in what I'll call "respectful engagement." Instead of ignoring the emails and tweets that evocative or rude, I've taken to writing my "Dear Mary" or "Dear Larry" responses. Addressing my critics by name, I write back and ask — in a friendly manner — if they could communicate with me in the same way, keeping to the issues and avoiding personal attacks. I tell them more about me than what they know — that I'm a journalist, aka "enemyofthepeople." I'm also a son, a brother, an uncle and a husband — actually not so dissimilar from letter writers who once referred to me de ri sively as a "snowflake" or a "politi cal correctness junkie." Kindness and respect beget more of the same, and open up the possibility for metamorphosis.

Coincidentally, it was a Washington Post column I wrote about the death of Phelps in 2014 that had this transformative effect on me. A few days after the column was published,
The Washington Post's travel writers and editors discuss your travel stories, questions, gripes and more. Here are some edited excerpts from a recent discussion:

Q: We have enough Southwest points to fly anywhere the airline goes this May. Where should we go? If I could go anywhere on Southwest, I'd likely head to the West Coast, maybe to Portland or Seattle or Southern California. Chicago is a great city, and if you've not been there, a definite possibility. As for Niagara Falls, I haven't been there in a long time, but don't think I'd use my free flights on it.
— Carol Sottili

Q: I made flight reservations on American Airlines via Expedia (don't recall why I did this). I got a notice yesterday from Expedia that three of four flights were changed, one change is unacceptable. Called AA; they can't change the flight back because I booked via Expedia; the flight I want is still available. I called Expedia. They can't change the booking back due to "auto accept," meaning I think that they just accept changes without question? Expedia called AA, ostensibly to talk with customer service, and I am still waiting for their reply. This cannot be the first time in recorded history that this has happened in the travel industry! I guess my warning:
— Andrea Sachs

Q: How is street crime in Rome and Pomezia? I'm going with a group that has read us the riot act about the possibility of getting mugged, getting your bags slashed, and as a woman, getting rude comments and not assaulted. Frankly, I'm not looking so far forward to this trip. (travel tips for travel in Europe and Asia so I'm not a newbie traveler). Truly, it sounds as if I will be spending the entire trip focusing entirely on my person and not looking around, which sounds unhealthily stressful and not so much of a holiday.
A: It is not that terrible. Just be smart about how you carry your money (wear a crossbody bag under your jacket or a traveler's pouch) and be hyper-aware of your surroundings, especially in crowded tourist venues and on public transportation. You are in a group, so you have comfort in numbers. Ignore the cat calls.
— Christopher Elliott

Q: We need to renew our son's passport and have an appointment in a couple of weeks. We aren't travelling until the end of July, so I'd think the standard processing would be fine, and have always found it to be surprisingly efficient. However, given the turmoil at State, threatened budget cuts, etc., we're wondering if we should pay extra to expedite and be safe. Have you heard of any delays?
A: I haven't heard of any delays, yet. I think passport processing is unlikely to be face serious cuts. I think you'll be fine to have your passport renewed by the end of July.
— Christopher Elliott

Q: I'm having a hard time making plans for a trip to Alaska. There seem to be a lot of variables such as hotel availability, weather etc. Any advice?
A: All of my past travel abroad has been in the context of living abroad and having a home base to work from. Now, I'm hoping to spend about three weeks in Australia next year and puzzling over how to get started making an itinerary. There are so many books and websites, it's overwhelming. I'll probably limit myself to Sydney, Melbourne and Tasmania, and I like to avoid tourist traps. What are your suggested steps for planning a big trip?
A: Since you have a lot of time, you don't need to micro-plan. I would plan my big stuff — international and domestic flights, lodgings — and let the rest happen organically. Once there, you can check local publica-
tions for activities and chat with resi-
dents about restaurants, side-trip rec-
ommendations, etc.
— Andrea Sachs

Q: How good is the local weather in June this year? Any recommendations on what to bring?
A: The weather is generally warm and sunny in June in the UK. However, it can be unpredictable, so it's always a good idea to bring some rain gear. The main cities are London, Edinburgh, and Manchester. You might consider visiting the Cotswolds or the Cotswolds for some outdoor activities. It's also worth checking out the city of Bath, which is known for its Roman baths and thermal pools. If you want to visit the Lake District, you'll need to book accommodation in advance, as many of the best places can fill up quickly. It's also a great time to explore the Scottish Highlands, which offer stunning views of lochs and mountains. If you're looking for something more relaxed, you might consider visiting the English countryside, which is dotted with charming villages and picturesque landscapes. Overall, it's a great time of year to visit the UK and enjoy the outdoor activities.
— Emily Yahr

Q: I'm planning a trip to Europe in the fall. Can you recommend any must-see destinations for first-time visitors?
A: Europe is a vast continent with a rich history and culture, and there are many must-see destinations for first-time visitors. Depending on your interests, there are several options. If you're interested in art and architecture, you might consider visiting Paris, which is home to some of the world's most famous landmarks, such as the Eiffel Tower, the Louvre Museum, and Notre-Dame Cathedral. If you're interested in history and culture, you might consider visiting Rome, which is home to ancient ruins, such as the Colosseum and the Pantheon, as well as some of the most important churches in the Catholic Church, such as St. Peter's Basilica and the Vatican Museums. If you're interested in nature and wildlife, you might consider visiting the Danube Delta, which is home to a diverse range of flora and fauna, and offers opportunities for birdwatching and hiking. Overall, there are many must-see destinations in Europe, and the best one for you will depend on your interests and preferences.
— Emily Yahr

Q: How can I find out about current and past issues of Eagle News?
A: You can find the current and past issues of Eagle News on their website. They are available in PDF format, and you can download them for free. You can also find them in some libraries and bookstores. Additionally, you can subscribe to their newsletter to receive updates on new issues.
— Emily Yahr
Chicken with Caribbean Pecan Sauce

By Healthy Exchanges

Summary:
April is National Pecan Month, and this recipe is a delightful way to celebrate. The combination of uncooked chicken breast, skinned and boned, cut into pieces, and the addition of mandarin orange slices, pineapple, and pecans, create a flavorful dish that is both attractive and delicious.

Ingredients:
- 16 ounces uncooked chicken breast, cut into 4 pieces
- 1/2 cup unsweetened orange juice
- 2 tablespoons cornstarch
- 1/3 cup Splenda Granular
- 1 (8-ounce) can crushed pineapple, packed in fruit juice, undrained
- 1 (11-ounce) can mandarin orange slices, drained and halved
- 1 (1/2 teaspoons) dried parsley flakes
- 1/2 teaspoon paprika

Steps:
1. In a large skillet, spray with butter-flavored cooking spray. Brown chicken pieces for 4 to 5 minutes on each side. Meanwhile, in a covered jar, combine orange juice, cornstarch and Splenda. Shake well to blend.
2. Pour mixture into a medium saucepan sprayed with butter-flavored cooking spray. Stir in undrained pineapple. Cook over medium heat until mixture thickens, stirring constantly.
3. Remove from heat. Add mandarin oranges, pecans, parsley flakes and pineapple. Mix well to combine. Evenly spoon sauce mixture over browned chicken pieces.
4. Lower heat and simmer for 5 minutes. When serving, evenly spoon sauce over chicken pieces. Serves 4.

Nutrition:
- Serving size: 1 chicken piece
- Calories: 240
- Total Fat: 7g
- Saturated Fat: 1g
- Cholesterol: 90mg
- Sodium: 520mg
- Carbohydrates: 25g
- Fiber: 1g

Chocolate-Hazelnut Macaroons

Summary:
These cookies are delicious on their own, but a gooey layer of kosher Passover chocolate spread or Nutella makes them even better.

Ingredients:
- 1 cup hazelnuts, toasted
- 1/4 cup unsweetened cocoa
- 1/8 cup unsweetened chocolate
- 1 teaspoon vanilla extract

Steps:
1. Heat oven to 350 F. Line large cookie sheet with parchment paper.
2. In food processor with knife blade attached, blend toasted hazelnuts with sugar, cocoa, chocolate and salt until finely ground. Add egg whites and vanilla, and process until smooth.
3. Spoon mixture onto baking sheet. Bake for 10 minutes or until the cookies look done.

Nutrition:
- Serving size: 1 cookie
- Calories: 110
- Total Fat: 6g
- Saturated Fat: 1g
- Cholesterol: 3mg
- Sodium: 30mg
- Carbohydrates: 14g
- Fiber: 1g

Pickled Eggs and Beets

Summary:
Pickled eggs and beets are a great way to use up leftover eggs. Here's a recipe for Pickled Eggs and Beets.

Ingredients:
- 6 large eggs
- 5 medium (about 1 1/2 pounds) beets, including the tops
- 1 cup cider vinegar
- 1/3 cup sugar

Steps:
1. Place whole eggs in medium bowl and cover with cold water to cover. Place in 1 1/2-quart wide-mouth jar and layer sliced beets on top of eggs. In 1-quart saucepan, combine orange juice, cornstarch and sugar and reserved beet cooking liquid. Bring to a boil, then reduce heat to medium-low, cover and simmer 20 to 25 minutes, until beets are tender. Reserve 1 cup for sauce.
2. Place whole eggs in medium bowl or 1 1/2-quart wide-mouth jar and layer sliced beets on top of eggs. In 1-quart saucepan, combine vinegar, sugar and reserved beet cooking liquid. Heat to boiling, then remove from heat.
3. Pour mixture into a medium saucepan, combine orange juice, cornstarch and sugar and reserved beet cooking liquid. Bring to a boil, then reduce heat to medium-low, cover and simmer 20 to 25 minutes, until beets are tender. Reserve 1 cup for sauce.

Nutrition:
- Serving size: 1 egg
- Calories: 50
- Total Fat: 0g
- Saturated Fat: 0g
- Cholesterol: 300mg
- Sodium: 110mg
- Carbohydrates: 1g
- Fiber: 0g

Deviled Cheese Eggs

Summary:
A Goodhousekeeping recipe. Here's a way to use up leftover eggs. Pickled eggs and beets also are a great way to use up leftover eggs.

Ingredients:
- 2 large egg whites
- 1/8 teaspoon salt
- 1 ounce unsweetened chocolate
- 1/4 cup unsweetened cocoa
- 1 cup sugar
- 1/4 cup mayonnaise, hot
- 1/4 cup chopped pimientos

Steps:
1. In medium bowl, beat egg whites and vanilla, and process until smooth. Fold in egg yolks, Cheddar cheese, pimientos and green onion. Spread onto baking sheet and refrigerate for 2 hours.
2. Meanwhile, trim tops from beets, leaving about 1 inch of stems attached. Scrub beets well under cold running water. In 3-quart saucepan, place whole beets and enough water to cover; heat to boiling over high heat. Reduce heat to medium-low, cover and simmer 20 to 25 minutes, until beets are tender. Reserve 1 cup beet cooking liquid; drain beets. Immediately, remove beet skins under cold running water.
3. Place whole eggs in medium bowl or 1 1/2-quart wide-mouth jar and layer sliced beets on top of eggs. In 1-quart saucepan, combine vinegar, sugar and reserved beet cooking liquid. Heat to boiling, then remove from heat.

Nutrition:
- Serving size: 1 egg
- Calories: 140
- Total Fat: 14g
- Saturated Fat: 7g
- Cholesterol: 300mg
- Sodium: 110mg
- Carbohydrates: 1g
- Fiber: 0g

Knicks from Page 19

Can Porzingis take another leap?
There's no question Porzingis got better this season. He played more minutes, improved both his field goal and three-point percentage while taking a bigger load and shooting more overall, from behind the arc and from the foul line.

He did, however, have nagging injuries, and at times struggled with taking on a bigger load. That's perfectly reasonable from a 21-year-old in his second NBA season, and there's every reason to think Porzingis will continue to make progress.

The question, however, is how much, and how soon. If Porzingis can develop into a legitimate all-star next season and the Knicks can find a difference maker in the draft, all of a sudden the future will be better to begin to look much rosiier for them than it has appeared for these past few months.
Chris Meyer oversees the NMNH’s “vote for beauty” project. (Washington Post photo by Monica Akhtar.)

predecessors to diamonds and gold. The oldest examples of jewelry ever found, dating back as early as 100,000 years, were made of cowries and other shells. As time went on, cowries became symbols of power and a form of currency. European explorers filled their curio cabinets with the creatures. Today, collectors search the tropics in search of ever-rarer and more perfect specimens.

For whatever reason, people are just fascinated,” Meyer said. “And that’s what we’re trying to understand. What is it that is attracting people to have this fascination? What do people value about them?”

A cowrie, or any natural object, can be valued in a number of ways. There’s the obvious metric, price, which for cowries is inextricably tied to their beauty. The most magnificent cowries are “like works of art” Meyer said. “They’re really useful as a model,” said Meyer, whose research is focused on why cowries diversify into new species and what makes them go extinct.

“There’s a third approach to valuing nature — one that has nothing to do with how much a person might pay for it, or what a scientist might create the characteristic complex designs on the shell’s surface. Cowries hide in caves and under rocks during the day and come alive at night, when they feed on corals and algae and are fed on by crabs and octopuses. The animals can be used as bellwethers of coral reef diversity, and their shells make extraordinarily good fossils, so they can be studied to understand ancient reefs.

“People are fascinated,” Meyer said. “That’s the beauty of diversifying how we address conservation and having good example species that people care about.”

Meyer’s mind recently. A few years ago, he visited an Oman government, he will travel to Masirah to collect — and he’ll use the opportunity to raise awareness of the cowries’ vulnerability.

“The situation with teulerie . . . forces me to confront the impacts we have on our planet and to take an active role in how we address conservation and mitigate the human footprint on the planet,” he said. “And it hits home for me, as a researcher on cowries, tremendously. It was like, wow . . . it’s going to be hard to get out of bed tomorrow unless I do something. Because there aren’t very many people out there who would.”

Ultimately, Meyer decided that someone would need to stand up for cowries’ innate value — the kind that can’t be measured in dollars or number of published studies. He will try to keep the impact of his field research to a minimum, limiting his sampling to small amounts of tissue for genetic analysis. He will also recommend that researchers etch the shells they find with a small knife, marring the intricate patterns of their shells. This doesn’t hurt the animal —
to send a condolence for the Mitch Family.

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**NAPLES, NY**

Robert Arthur Dowdell

Naples, NY - Robert Arthur Dowdell, 83, passed away peacefully on April 2, 2017 at the VA Medical Center in Bath, NY. Bob was born August 29, 1933 in Salem, MA, son of Arthur and Catherine (Beaulieu) Dowdell. He joined the US Air Force in 1951 and served 20 years, retiring in 1972. After his military service, Bob worked and retired from the US Postal Service.

Bob was a member of the Theodore VanTassel American Legion Post #402 in Wayland. He enjoyed walking, jogging, and most anything that involved his spending time with his family. He was known for his quick wit, sense of humor and kindness.

Bob is survived by his loving wife, Peggy; seven children and their spouses, many grandchildren, and other relatives and friends.

A graveside memorial service with full military honors was held April 4th at the Bath National Cemetery. In lieu of flowers, memorial contributions may be made to the Bath VA Medical Center, 76 Veterans Ave, Bath, NY 14845, or the St. Jude Children’s Hospital, 501 St. Jude Place Memphis, TN 38105. Arrangements were with the Walter E. Baird and Sons Funeral Home, Inc., Wayland.

Those who would like to write words of consolation to the family may do so at www.bairdfuneralhomes.com.

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**SCOTTSBURGH, NY**

Mary E. (Struble) Cowley

Scottsburg, NY - Mary E. Cowley, 86, passed away peacefully on April 3, 2017 at home. Mary was born on August 25, 1930 in Conesus, NY to parents Lowell and Edith Struble. She married Stephen J. Cowley Jr. on July 5, 1952 and they raised their family in Scottsburg. She was a busy mother taking care of children, and also working selling Avon in the area.

Both Mary and her husband Stephen volunteered at the Sparta Center Fire Department. They lived a good simple life and enjoyed many years together.

She is survived by her children, Debbie Johnstone, Suzanne Wratni, and Sherry (Brian), Stephen, Michael, Mark, and Michelle (James) Cowley; 16 grandchildren; and 25 great-grandchildren. She was predeceased by her husband Stephen J. Cowley Jr., and daughters Bonnie Raponi and Laura Slater.

Funeral services will be held privately.

Memorial contributions may be made to the Sparta Center Fire Department, 8479 Reeds Corners Road, Dansville, NY 14437.

Arrangements entrusted to the Kevin W. Doughty Funeral Home Inc., Livonia-Honeoye.

To send a condolence please visit: www.doughtyfuneralhomes.com

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**WAYLAND, NY**

Rita M. Hills

Wayland, NY - Rita M. Hills, 92, passed away on March 25, 2017 at Nicholas H. Noyes Memorial Hospital in Dansville. Rita was born on April 2, 1925, the daughter of Sylvester and Florence (Vogt) Yoohon. Rita was a native and life resident of the Springwater/Wayland areas. She was a graduate of St. Joseph’s Catholic School and a high school graduate of Wayland School. Rita and Lucian Hills were married February 10, 1945 in Wayland, and celebrated 66 years together prior to Lucian passing away. Rita enjoyed life as a homemaker for her family and she owned and operated a potato farm with Lucian. Rita was a devout Catholic and a member of the St. Joseph’s Church, attended mass for most of her adult life, a past member of the Rosary Society, and rectied the Rosary daily. She enjoyed cooking, gardening, sewing and was good at it. She had many friends.

She is survived by her daughters, Diane (Kenneth) Reimels, Mary (Mark) West and Anne (Hubert) Vogt; grandchildren Tammy and Tony Reimels, Matthew and Thomas West and Ryan Vogt; as well as several nieces and nephews.

Rita was predeceased by her parents, Sylvester and Florence Yoohon; her husband, Lucian Hills; her granddaughter, Heidi Reimels; and her sister, Bernadine Melenbach.

A Mass of Christian Burial was held April 10th at St. Joseph’s Church, attended mass for most of her adult life, a past member of the Rosary Society, and rectied the Rosary daily. She enjoyed cooking, gardening, sewing and was good at it. She had many friends.

She is survived by her daughters, Diane (Kenneth) Reimels, Mary (Mark) West and Anne (Hubert) Vogt; grandchildren Tammy and Tony Reimels, Matthew and Thomas West and Ryan Vogt; as well as several nieces and nephews. Rita was predeceased by her parents, Sylvester and Florence Yoohon; her husband, Lucian Hills; her granddaughter, Heidi Reimels; and her sister, Bernadine Melenbach.

A Mass of Christian Burial was held April 10th at St. Joseph’s Church, Wayland. Committal prayers and interment at Lakeview Cemetery in Honeoye will be private and at the convenience of the family. Contributions in memory of Katherine R. Mueller may be made to the Livingston County Center for Nursing and Rehabilitation, 1 Murray Hill, Mt. Morris, NY 14510. Arrangements entrusted to the Kevin W. Doughty Funeral Home, Wayland.

Conduences may be offered at http://www.stgeorgefuneralhome.com.

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**WYANDOTTE, NY**

Katherine R. (Bacon) Mueller

Springwater, NY - Katherine R. Mueller, 100, passed away April 4, 2017 at the Livingston County Center for Nursing and Rehabilitation in Mt. Morris. Katherine was born December 13, 1916 in Hemlock, the daughter of Glenn and Josephine (Mastin) Bacon. She grew up in the Hemlock / Lakeville areas and moved to Roches-

ter in the mid-1930s. In 1970 Kather-

ine moved to Springwater and has re-

mained at the Springwater/Wayland areas until her move to Mt. Morris in 2015. Katherine and Henry Mueller were married May 30, 1936 in Hem-

lock and together celebrated over 63 years of marriage prior to Henry passing away in February of 2000. Her employment spanned a couple different areas that included over 30 years at brodski’s, a local s&10 store in Rochester, many years as a pay-

roll clerk for Livingston County, and owning and operating her own yarn shop in Springwater, beginning in 1970.

Katherine was a member of the Re-

bekah Association and Eastern Star*

Member. She was past president of the Rebekah’s, an avid supporter of the NYS Theta Rho Girls Club, an affiliation of the International Order of Odd Fellows. She enjoyed knitting, crocheting and hiking the high peaks of NYS. Travelling was also a joy of Katherine and she especially enjoyed visiting different churches while trav-

elling.

Katherine was survived by many niec-

es and nephews. She was predeceased by her parents, Glenn and Josephine Bacon, an infant daughter, Gay, her husband, Henry Mueller; sister Mar-

nion Hills, and brother Edward Ba-

con.

Funeral services and interment at Lakeview Cemetery in Honeoye will be private and at the convenience of the family. Contributions in memory of Katherine R. Mueller may be made to the Livingston County Center for Nursing and Rehabilitation, 1 Murray Hill, Mt. Morris, NY 14510. Arrangements entrusted to the Kevin W. Doughty Funeral Home, Wayland. Conduences may be offered at http://www.stgeorgefuneralhome.com.

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need any help, thank you, and build their nests in generally conspicuous places, such as mourning doves and robins. Other common species, though, are more secretive. Goldfinches, which nest in the summer, generally make their teacup nests in the lower branches of trees, while dark-eyed juncos actually make camouflaged ground nests. Some nests are inaccessible. Binoculars will help figure out the offspring situation. For barn swallows, “it’s easy to find the nest but they tend to be a bit high,” Bailey said. “That might be a selfie stick kind of situation.”

This year’s NestWatch comes with an app that should make recording data more convenient, she said. A focus of this year’s observations, she said, will be in trying to see if bird feeders have a measurable effect on the success of the enterprise. Whether you monitor a nest or just take it in as part of the spring experience, you should not bother the parent birds, attempt to move a nest to a more convenient spot or generally interfere. “Outdoor cats are definitely a problem,” Bailey said. She puts her cat on a harness when she takes it into the garden.

Separately, the National Audubon Society is launching an online guide to selecting native plants of particular value to birds, either directly as shelter or food, or indirectly in attracting insect larvae that nestlings need in large quantities to develop. Configured to offer plant lists for your growing zone, the society’s Plants for Birds database offers a comprehensive range of trees, shrubs, perennials and grasses that provide an array of support for birds, particularly those spring migrants moving north.

I would add that you might also consider your space and site conditions before sticking in, say, an American basswood. This is a handsome linden, and Plants for Birds says it will sustain such beauties as cedar waxwings, grosbeaks and vireos. But it’s a big tree that will define a landscape. You might just have space for some salvias for the hummingbirds.

What I found fun about this database is that I could type in existing plants in the garden to see which birds are drawn to them.

Part of the motivation, said John Rowden, director of community conservation, is to enlarge the suite of plants available to birds because climate change threatens to disrupt the synchronization of arriving birds to food sources. Plants leaf out in response to temperatures, and many birds are spurred by increasing day length. “so there can be mismatches,” he said.

@adrian_higgins on Twitter © 2017, The Washington Post •